

## PE Kit & Participation Policy

In the PE department, we feel that the PE uniform plays an important role in promoting the ethos of the school. The PE uniform:

- Promotes a sense of pride
- Creates a sense of community and belonging
- Is practical and smart for sporting purposes
- Is fair and consistent, makes students feel equal to their peers

The PE Department will endeavour to deliver all outdoor PE lessons even in inclement weather, unless unsafe to do so.

Pupils will be encouraged to wear the following kit for PE across all year groups:

As you are searching for the PE kit, please make sure it meets the standards of kit outlined below. We aim to set a high standard of kit for our pupils and feel there is enough flexibility within the ranges available to provide a choice as to how these standards are met.

Indoors:

- White T Shirt
- Plain royal blue track suit bottoms
- Plain royal blue shorts **(Optional)**
- sports leggings (durable material not fashion leggings) **(Optional)**
- White Socks (no tights)
- Clean indoor trainers (non-marking soles)
- Tight fitting headscarves (Preferably sports headscarves)**(Optional)**

Outdoors - As above, plus the following is also recommended for inclement weather:

- Waterproof sports zip jacket/ fleece lined jacket/ knitted top
- Outdoor trainers
- Socks (spare pair)
- Bag to put dirty kit in to

School uniform (jumpers/ trousers/ shirts/ tights) are not permitted to be worn during PE for hygiene reasons.

#### **If you are not taking part in PE through illness/ injury**

Please bring a note to the PE Department as soon as possible, to let your teacher know if you are not taking part in PE. Emails & phone calls do not always filter through to us on time and staff will be understanding of illness and injuries.

We have worked very hard to create a culture where the pupils at this school value PE. Even when pupils are injured or not feeling well, we expect them to still get changed and try to be involved in the learning of the lesson as long as it is safe to do so.

#### **Forgotten/Inappropriate kit**

If pupils forget their PE kit, they should report to their PE teacher as soon as possible.

If you forget kit, this will be viewed as failing to turn up to class with the appropriate materials. You will receive a written warning slip to take home to your parents.

Pupils who turn up for their PE lesson wearing inappropriate kit (anything not listed above) will be given a written warning slip to take home to their parents.

If a pupil receives a written warning slip more than two times for persistently forget their kit or wearing inappropriate kit a family worker will contact the pupils parents/guardians for an opportunity to discuss organisational challenges you might be facing and potential solutions.

### **What if families have problems with PE Kit?**

All problems can be solved by communication – please contact the school with any concerns you have.

The school deals sensitively with uniform issues that arise out of financial pressures – families should contact the family workers to find out the different ways in which we can help.

If in doubt about an item of clothing or pair of shoes, please ask us before you buy them or open and wear them. Either visit or call the school or simply email us to help you.

### **Jewellery / Hair / Chewing gum**

On grounds on health and safety, no jewellery should be worn during PE. Long hair should be tied back and chewing gum is not allowed in school as a whole and PE lessons are no exception.

Any clothing worn to comply with a faith commitment should be appropriate for PESSPA activity. Clothing should be comfortable and allow for freedom of movement, while not being so loose as to become a hazard. A tracksuit is perfectly acceptable clothing for Muslim students and is not seen as offending the principles enshrined in Haya relating to modesty and decency. (AFPE 2.14.36)

**Headscarves (such as the hijab)**, where worn, should be tight, secured in a safe manner, particularly at the side of the face, and unlikely to obscure vision or catch on anything that may put the wearer at risk. Students can also consider obtaining a sports version of the hijab, for improved suitability. These are available from high street stores and on the internet. (AFPE 2.14.36)

All items of clothing must, in the school's judgement, be appropriate for use in school.

All clothing and equipment must be clearly marked with the owner's name.

We reserve the right to forbid any items of clothing or jewellery which are inappropriate or are likely to infringe health and safety regulations.

Any clothing worn to comply with a faith commitment should be appropriate for PESSPA activity. Clothing should be comfortable and allow for freedom of movement, while not being so loose as to become a hazard. A tracksuit is perfectly acceptable clothing for Muslim students and is not seen as offending the principles enshrined in Haya relating to modesty and decency. (AFPE 2.14.36)

**Headscarves (such as the hijab)**, where worn, should be tight, secured in a safe manner, particularly at the side of the face, and unlikely to obscure vision or catch on anything that may put the wearer at risk. Students can also consider obtaining a sports version of the

hijab, for improved suitability. These are available from high street stores and on the internet. (AFPE 2.14.36)